

Generosity Activity

SECRET PALS (Activity)

Children should expect nothing in return for their generosity. One way to do this is by being generous anonymously. Make "Secret Pals" in your class as a way for children to do things for each other without the other person knowing.

Write the names of everyone in the class on small pieces of paper and mix them in a hat or container. Have each child draw another child's name. That person becomes the "Secret Pal."

Throughout the month, children should write encouraging notes or make special gifts to anonymously give their "Secret Pals." At the end of the month, everyone's identity may be revealed, and you may start again with new names and "Secret Pals."

Encourage the children to show their generosity without expecting anything in return. Children should be careful not to be found out by their "Secret Pals" until the prescribed time. As the teacher, use discretion to ensure that gifts or notes are appropriate.

