## **Determination Activity**

## STUFFED SALMON (Project, 25 minutes)

## Help students make their own salmon as a reminder to show determination.

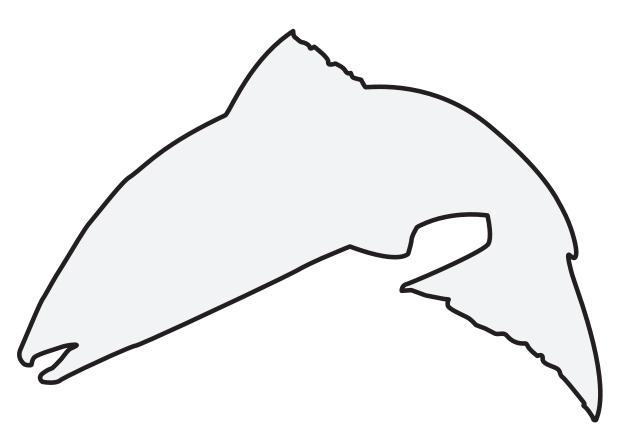
Give each student a salmon template (see next page) in order to cut out two identical fish shapes. Staple the fish together along the bottom side only. Have students write personal goals on one side of the fish and the five "I Wills" of determination on the other side.

When finished writing, stuff the fish with crumpled newspaper as you staple the sides and top of the fish until it is completely stuffed and sealed. Make a stand for the fish by cutting a notch in the bottom of a foam cup. Invert the cup and draw waves with a blue marker. Send the salmon home to remind students of their goals.

**Supplies:** salmon template, scissors, pens or pencils, stapler, newspaper, foam cups, blue marker







Fold on line in order to cut two salmon shapes at once.

