Sensitivity Activity

HOW DO YOU FEEL? (Craft)

Cut out pictures and faces from newspapers and magazines and attach them to several small disposable plates or draw faces with different emotions directly on the plates. Write the emotions they illustrate on the back of each plate and list them on the chalkboard. Hold the plates up one at a time and ask the children to identify the emotion. Give students plates, craft sticks, and markers to make their own sets.

Supplies:

- Large craft sticks
- Small plates
- Tape
- Crayons or markers
- Magazines

Points to Ponder:

- Since 55% of communication is non-verbal, children must learn to correctly read facial expressions, lest they understand only half of a person's message.
- The look on a child's face should serve as an indication of inward needs which may require resolution.

